

STEPPING STONES FREE PARENTING CLASSES

for parents of children with special needs

12-week classes held Mondays in English / Tuesdays in Spanish

Starting Mon., Sept. 10, 2018 (Eng) and Tue., Sept. 11th (Span) 10am-12pm

Free breakfast and snacks provided

Free Childcare / Transportation Cost Assistance Available



Triple P (Positive Parenting Program) uses what you already say, think, feel and do, in new ways that:

- Increase the behaviors you want to see
- Deal positively, consistently and decisively with problem behavior
- Build positive relationships with your children
- Plan ahead to avoid or manage potentially difficult situations
- Take care of yourself as a parent

CLASS SCHEDULE

English: Mondays from Sept.10th - Dec.10th (no classes on Oct. 8th and Nov. 12th)

Spanish: Tuesdays from Sept.11th - Nov.27th

ADVANCED ENROLLMENT REQUIRED

To enroll, call (415)920-5040

Classes offered at Support for Families

1663 Mission Street, Suite 700, San Francisco, CA 94103

